

True Leaf Medicine International Announces Conversion of Debt into Shares

Vancouver, BC, February 23, 2016 – True Leaf Medicine International Ltd. (the "Company") (CSE:MJ), is pleased to announce that it intends to effect a conversion of US\$2,500 of debt owing to a consultant into common shares of the Company at a price of C\$0.13 per common share (the "Debt Conversion"). The Debt Conversion will result in the issuance of 26,476 common shares of the Company. The conversion is based on the Bank of Canada's closing exchange rate of 1.3768 on February 23, 2016 whereby US\$2,500 is exchangeable for C\$3,442. No commission is payable in relation to the Debt Conversion.

The common shares are subject to a hold period of 4 months and 1 day from their date of issuance.

About the Company

True Leaf Medicine International Ltd., through its wholly-owned subsidiary, has filed an application to become a licensed producer and distributor of medicinal marijuana under Health Canada's Marihuana for Medicinal Purposes Regulations with a facility located in the Village of Lumby, BC. The company has passed through the preliminary and enhanced screening process of Health Canada's review and is currently awaiting a 'ready-to-build' approval. As the company awaits the approval of its licence application from Health Canada, it is looking at new opportunities with hemp nutrition for pets.

For more information, please see the Company's website at www.trueleaf.com

On Behalf of the Board of Directors

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NEITHER THE CANADIAN SECURITIES EXCHANGE NOR ITS REGULATIONS SERVICES PROVIDER HAVE REVIEWED OR ACCEPT RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.

FORWARD LOOKING INFORMATION

This press release contains forward-looking statements. The use of any of the words "anticipate", "continue", "estimate", "expect", "may", "will", "project", "should", "believe" and similar expressions are intended to identify forward-looking statements. Although the Company

believes that the expectations and assumptions on which the forward-looking statements are based are reasonable, undue reliance should not be placed on the forward-looking statements because the Company can give no assurance that they will prove to be correct. Since forward-looking statements address future events and conditions, by their very nature they involve inherent risks and uncertainties. These statements speak only as of the date of this press release. Actual results could differ materially from those currently anticipated due to a number of factors and risks various risk factors discussed in the Company's Management's Discussion and Analysis under the Company's profile on www.sedar.com. While the Company may elect to, it does not undertake to update this information at any particular time.